



# The Spiral Path...

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## A Creed

Edwin Markham

There is a destiny that makes us brothers  
None goes his way alone;  
All that we send into the lives of others  
Comes back into our own.

I care not what his temples or his creeds,  
One thing holds firm and fast –  
That into his fateful heap of days and deeds  
The soul of man is cast.

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## Our Human Path

Every human being on our planet is part of one human family. Not figuratively, but literally. We all have a common source which is One. Despite any outward differences, proclivities, or leanings, we are each a part of the other.

We are not here to criticize, berate, or harm any member of our human family, or cause any one to feel less because of who we see them as being. Outward appearance clothes the inner light each of us has, with garments of variety and distinction. We must look beyond these to see the real person within – the spirit of each which is the same as us.

Our goal is not to rule, defeat, or slander another, but to love the essence of each and every one of our human family. The sages of all major religions have taught us this, though the religious institutions and many followers of those wise ones have not always lived up to their teachings – which neither makes the teachings wrong nor those followers right.

Our goal is to help, nurture, and love all the members of our human race, pure and simple. We need to enliven and encourage the positive qualities in everyone around us. We need to share our theosophy, our divine wisdom, with our entire human family by living our lives as shining examples of the Way – the Way we are All one – which is to recognize our innate divinity in this confusing and multifarious material world we live in. Clearly inviting others to participate in the uplifting of the human condition is our work. However we see fit to do that is our Way. Whether by thoughts, actions, or sublime will, we work to make Universal Love the default expression of each.

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Brotherhood is a fact in Nature. It is inherent in all mankind. It is based on the essential divinity and immortality of the human soul, which has been concealed and even killed by the materialism of the past decades. The purpose of evolution is to liberate the divine powers latent in man. This can be accomplished by means of self-discipline and true universal brotherly love of mankind.

Katherine Tingley



If the action of one reacts on the lives of all – and this is the true scientific idea, then it is only by all men becoming brothers and all women sisters, and by all practising in their daily lives true brotherhood and true sisterhood, that the real human solidarity, which lies at the root of the elevation of the race, can ever be attained. It is this action and interaction, this true brotherhood and sisterhood, in which each shall live for all and all for each, which is one of the fundamental Theosophical principles that every Theosophist should be bound, not only to teach, but to carry out in his or her individual life.

H. P. Blavatsky

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Peace is in me and I am in peace. My thoughts rush onward to all my fellow-men in the whole world and would like to fill their hearts with harmonies from the silence; in order that men should forget every strife and every injustice and put aside every misery; that peace should reign from the palace to the hut. Oh! I know it for certain, and feel that the time is not far off when this divine inner peace will be actually ruling among all human beings of the earth.

Milko Voglár

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## You are a Spiritual Being

You are a spiritual being.

You chose to enter into the physical plane and into a physical body here on Earth.

The purpose of this entering in is to learn to love and express love through your conscious mind in the physical dimension.

Karma is the governing Force that molds each lifetime.

Those things you have participated in previous lives you must participate in again in your present lifetime.

This is all for the purpose of modifying the emotions and the ego.

The purpose and the only purpose of being here on the physical plane is to learn to love unconditionally.

Karma is simply what goes around comes around.

This is all from the thought level.

It is not what you do in life it is why you do it.

That is your intention and that is what activates your Karma.

You are not here to open your third eye.

You are not here to open your chakras.

There are no shortcuts to achieving the process of learning to love.

Love is giving

Love is forgiving

Everything else is taking.

Work at being a better person every day.

Look for the best in others and you will be bringing the best in yourself out.

You "be the person you want others to be".

Everything else is a distraction from your purpose of being here.

You no doubt have had 500 lifetimes to get to where you are now.

You no doubt will have 500 more trying to achieve being a loving being in the physical.

Everyone's purpose is the same.

Trying to love without any condition.

Soon enough your physical body will die as it always has.

You will re-enter back into the spiritual realm where all is known.

When in spirit you review the lifetime lived.

You review the lessons learned and the lessons not learned.

These lessons affect how you think in your present Lifetime and the choices that you make.

Meditate for the purpose of establishing a dialogue with your spiritual guides.

You made a pact with them that while you were here on your earthly sojourn and that they would help you and guide you on your path of learning to love.

Use your time here on this planet wisely.

Kindness and compassion are soft spoken words.

Walk softly.

Robert Emerson

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How can I withdraw from the world? With who should I associate if not with suffering mankind? The prevailing disorder is what requires my efforts.

Confucius

This Organization declares that Brotherhood is a fact in Nature. Its principal purpose is to teach Brotherhood, demonstrate that it is a fact in Nature, and make it a living power in the life of humanity.

*The Theosophical Path*

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### Brotherhood

Octavio Paz

I am a man: little do I last  
and the night is enormous.  
But I look up:  
the stars write.  
Unknowing I understand:  
I too am written,  
and at this very moment  
someone spells me out.

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### From the Editor

We all know that 'Universal Brotherhood' is designedly free of color, of gender, and above all, of outward appearances and motivations. The 'god' within each of us, beyond material distinctions, is our heart-link to every sentient being. Everything comes from within.

Let us keep this thought close to our center as we navigate the outer world around us, and in our daily lives come into contact with those who do not yet fully understand this thought. Our task is to help everyone advance on the path by living in the love and compassion we know lies inside each of us.

Best Regards,  
Scott Osterhage

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Racial prejudice and discrimination are the shame of what we call our civilization. It is up to every one of us to work for their ultimate obliteration, so that a simple recognition of human brotherhood may replace those feelings which divide the human family.

Edwina Booth

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Brotherhood is not sentiment; it is not emotion; it is not so-called love. It is putting one's self mentally in the very place of another, and realizing his difficulties, while showing him that true compassion which we would hope in like place.

William Q. Judge

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Universal Brotherhood has no creeds or dogmas; it is built on the basis of common sense. It teaches that man is divine, that the soul of man is imperishable, and that Brotherhood is a fact in Nature, and consequently takes in all humanity.

Katherine Tingley

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It is obvious that the Ideal of Brotherhood, whether universal or tending towards universality, lies at the heart of all those whose effort in life is towards unification of the human race into one family, and the establishment of close ties between all the people of the earth. Even if such efforts may be for the present devoid of a truly spiritual basis, they are nevertheless pointing to an ideal well worth emulating, and strengthen our own Theosophical work in one or another way.

Boris de Zirkoff

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### Compassion In Action

...If we are to help heal the world, we need to remember that it is a sacred place. Our actions need to be positive statements, reminders that, even in the worst times there is a world worth struggling for. We need to find ways to keep the vision alive; to acknowledge, but not to get caught up in the 'Dark Side'. To remember that even the worst aspects of suffering are only part of the whole picture.

We need to 'enter lightly'. Entering lightly means not ignoring suffering but treating it gently. We don't want to ignore another's pain, but our becoming depressed or angry about it doesn't relieve it and may increase it. The delicate balance is in allowing ourselves to feel the pain fully, to be sad, or angry, or hurt by it, but not to be so weighted down by it that we are unable to act to relieve it. It's a matter of ends and means again. To create a caring, loving, peaceful world we need to act with care, love, and peace. It's exactly at these times in the presence of pain, injustice, and horror, that our equilibrium is most needed. How can we keep it?

Meditation can help, singing, walking can help, talking with people we respect can help, simply being quiet with ourselves can help. It is the continuing work of life, of learning to trust that this universe is unfolding exactly as it should, no matter how it looks to us. Learning to appreciate that each of us has a part in nurturing this Inter-connectedness, this Whole, and healing it where it is torn. Discovering what our individual contribution can be, then giving ourselves fully to it. Demanding as that sounds, it is what in the spiritual sense we are all here for and 'Compassion in Action' gives us just one more opportunity to live it. It is an opportunity to cooperate with the Universe. To be part of what the Chinese call 'the great river of the Tao [meaning 'The Way']'...

Ram Dass and Mirabai Bush

*Compassion in Action: Setting Out on the Path of Service*

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Theosophy is, then, the archaic Wisdom-Religion, the esoteric doctrine once known in every ancient country having claims to civilization. . . . Our society is also called the 'Universal Brotherhood of Humanity.'

H. P. Blavatsky

### An Attitude of Balance and Vision

It is true that the world is in a saddened and anxious state. But I think it unwise and spiritually and psychologically unwholesome to emphasize this, for it raises none to higher things but depresses courage, the courage to meet life and carry on in a higher and nobler way. See the beauty in and behind things, see the beauty in your fellowmen; see likewise the ignominy and the ugliness in life, although do not let these latter depress you or discourage you. There is no reason to lose our calm, our inner peace, in order to become like unto them of the mobs, passion driven, governed by prejudice. Such an attitude will not help us or those who suffer. But we can send forth into the world thoughts of courage and hope and an optimistic looking into the future: that no matter what happens through man's folly or infamy or infidelity to his inner god, to his spiritual essence, there are always right and justice which will ultimately triumph over all. The only thing is to be sure we are on the side of right and justice — and we cannot always judge by appearances.

The English poet Robert Browning expresses this thought, albeit in the theological language of the time, when he said: "God's in his heaven, all's right with the world." Those who do not like this optimistic outlook and conviction and who are trying to get down into the arena of hysteria and discouragement, mock at it; yet every sane man who keeps his mind cool and clear and can think for himself realizes full well that the mightiest forces in this world are cosmic right and cosmic justice, and that they in the long run will always prevail. There is no need to be discouraged. Avoid hysterias; on the other hand, avoid running at one and the same time with the hares and chasing with the hounds, which is what we all do more or less. Have your own convictions, and sometimes hide them if it is not wise to shout them from the housetops; but keep your own heart upright, in love with love, hating hate, always standing up for justice and innate right. **Only be sure that when you stand up you are not standing up for the propaganda atmosphere around you, but for something that you in your own heart know to be right and true.**

It would be a sorry thing indeed if there were naught to our world but what we see around us today, or have seen at particular intervals during the past; but every time and always the conscience and the sense of justice of mankind have proved supreme over all and risen above human feelings and follies, and marched onwards and upwards to balance and harmony. Don't be downhearted or discouraged or think the world is going to the devil because you don't like what is going on. You have a right to like it or to dislike it. But be sure that you, as an individual, on your part do not add to the hatred in the world, to its discouragement and unhappiness. That is my point.

G. de Purucker, *Wind of the Spirit* [Bolding by Editor]

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### Let the Silence within Speak...

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